



Altitude profile



The most important at a glance

distance 12.8 km	altitude meters uphill 800 m	altitude meters downhill 780 m	walking time uphill 2:30 h
walking time downhill 2:30 h	total walking time 5 h	highest point 2124 m	difficulty easy

fitness:

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technique:

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public transport:

Mit dem Bus bis zur Haltestelle "Panzendorf Gemeindeamt Heinfels"

parking:

starting point: Parkplatz Gemeindeamt Heinfels
destination point: Heinfels / Tessenberg
best season: Tessenberger See
route typ: MAY, JUN, JUL, AUG, SEP
family tour

Gpx file

Interactive map

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Description

The starting point is Tessenberg. From there bear left on forest trail 1a or proceed risk-free through the forest, pastureland and via Alpine floor areas up to the Tessenberger Alm at 1900 m altitude. There is a superb view to Obere Pustertal. Starting from Tessenberger Alm on a signposted, easy hiking trail in 30 minutes you get to Tessenberger Almsee, which is particularly appreciated by children. From here you get to enjoy a superb panoramic view to the Lienz and Sexten Dolomites and to the Villgrater mountains.