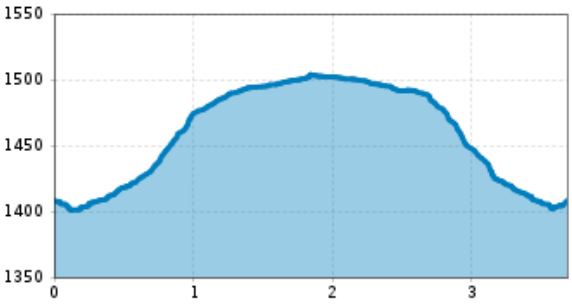
Hiking tour to Islitzer Alm 1.513m

Hike to the largest waterfalls in Osttirol



Altitude profile



Hiking tour to Islitzer Alm 1.513m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
3.69 km	96 m	96 m	40 min

walking time downhill	total walking time	highest point	difficulty
40 min	1:20 h	1513 m	easy

public transport:

Bus stop Prägraten a.G. Ströden

parking:

Follow the L24 Virgentalstraße from Matrei through Virgen to Prägraten. Pass the hamlets of Bobojach and Wallhorn, the town hall and, finally, the hamlet of Hinterbichl until you reach the far end of the valley near Ströden. The start of the walk to the Islitzeralm is at the car park there; this route can also be completed using the Umbal shuttle.

Car park Ströden

starting point: Car park Ströden 1.400m
destination point: Car park Ströden 1.400m
best season: MAY, JUN, JUL, AUG, SEP, OCT
route typ: family tour buggy-friendly tour

arrival

Parking spot

Car park Ströden 1.400m

Gpx file

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Interactive map

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Hiking tour to Islitzer Alm 1.513m

Description

After driving to the Ströden car park – which is also easily accessible by Postbus – the short but lovely walk to the Islitzer Alm at 1,513 metres begins. The wide track is mostly flat, though there is a slightly steeper section to negotiate halfway along. Here you'll also find a small viewpoint overlooking the impressive cascade of the River Isel.

The Islitzer Alm is a popular and easily accessible day-trip destination, but also serves as a stop-off point on longer hikes to the Clara Hütte or the Neue Reichenberger Hütte. Particularly impressive is the water trail along the Isel, which leads to the Umbal Falls in just a few minutes' walk.

To refuel, coffee and cake are served at the Islitzer Alm, whilst hearty snacks and other specialities are also on the menu. A children's playground right in front of the Alm rounds off the outing as a great experience for the little ones too.

During the summer months (daily from 10.00 am to 4.00 pm), the "Umbal Shuttle" takes guests from the Ströden car park to the Islitzer Alm and back again. Tel.: +43 680 20 22 844 (for groups, always ring in advance)