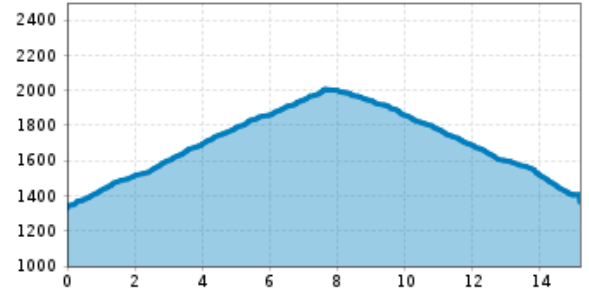


**Altitude profile**



## The most important at a glance

distance  
15.19 km

altitude meters uphill  
700 m

altitude meters downhill  
670 m

walking time uphill  
2 h

walking time downhill  
2 h

total walking time  
4 h

highest point  
2025 m

difficulty  
easy

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

**starting point:**  
**destination point:**  
**best season:**  
**route typ:**

Mit dem Bus bis zur Haltestelle "Strassen Ort"  
Ortsteil Fronstadl / Strassen  
Fronstadler Alm  
MAY, JUN, JUL, AUG, SEP, OCT  
family tour

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

The entire Tessenberger Alm and Fronstadler Alm area is an Alpine plateau and it is a much loved hiking area in its own right. The forest trail from the town of Fronstadel near Strassen proceeds via several hairpin bends to Fronstadler Alm (not open for business).