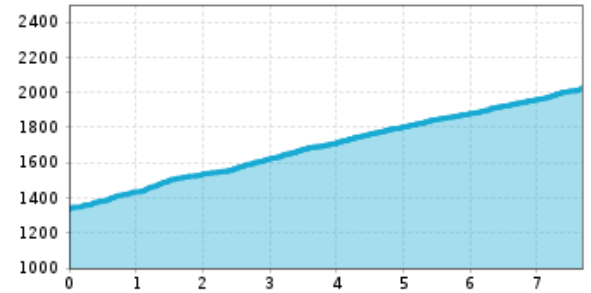


Altitude profile



The most important at a glance

distance 7.6 km	altitude meters uphill 800 m	walking time uphill 2 h	highest point 2034 m
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difficulty
average

fitness:



technique:



starting point: Ortsteil Fronstadel
destination point: Fronstadler Alm
best season: JAN, FEB, MAR, DEC

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

The entire Tessenberger Alm and Fronstadler Alm area is a high plateau and is very popular as a hiking area in its own right. Follow the woodland trail from Fronstadel near Strassen via several bends to Fronstadler Alm (not open).