

Medium-difficulty mountain bike tour from the village centre of Assling via the mountain road to the former Compedal ski hut



**Altitude profile**



**The most important at a glance**

<b>distance</b> 16.8 km	<b>altitude meters uphill</b> 835 m	<b>highest point</b> 1950 m	<b>difficulty</b> average	<b>circuit</b> no
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fitness:



technique:



**starting point:** Assling-Dorfplatz (1125m)  
**destination point:** Dorfplatz Assling (1125m)

**Gpx file**

**Interactive map**

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**Description**

The route proceeds from the village square in Assling via the altitude road to Bichl, uphill from there to the ski lodges (access to the long Compedal circuit). Continue downhill again to Linderhöfe and back via the Pustertal altitude road to the village square in Assling.