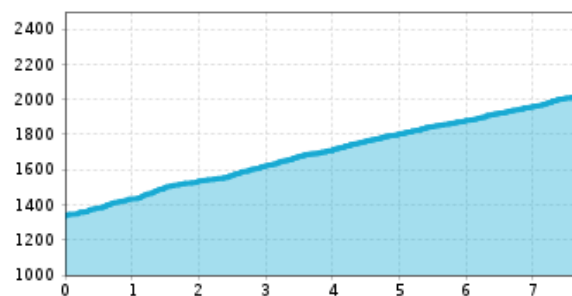


Altitude profile



The most important at a glance

distance
7.6 km

altitude meters uphill
800 m

walking time uphill
2 h

highest point
2034 m

difficulty
average

fitness:



technique:



starting point:

Ortsteil Fronstadel

destination point:

Fronstadler Alm

best season:

JAN, FEB, MAR, DEC

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

The entire Tessenberger Alm and Fronstadler Alm area is a high plateau and is very popular as a hiking area in its own right. Follow the woodland trail from Fronstadel near Strassen via several bends to Fronstadler Alm (not open).