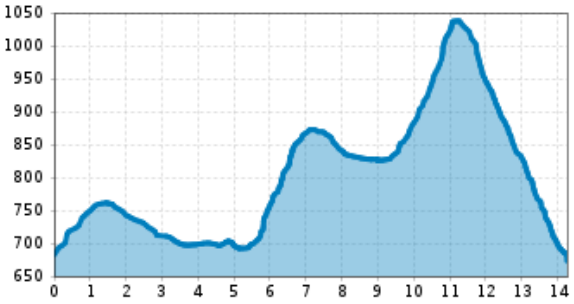
# Walter Mair Trail Lienzer Talboden - Stage 1




## Altitude profile



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## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | total walking time |
|---|---|---|---|
| 14.3 km | 504 m | 513 m | 5 h |

| highest point | difficulty |
|---|---|
| 1046 m | easy |

**fitness:**

* * * * *

**technique:**

* * * * *

**starting point:** Talstation Hochsteinbahn
**destination point:** Talstation Hochsteinbahn
**best season:** APR, MAY, JUN, JUL, AUG, SEP, OCT
**route typ:** circuit

## arrival

**Stop**

Lienz (Tirol) Hochstein/Schloss Bruck

Lavant (Osttirol) Ort

**Parking spot**

Parking lot Hochstein valley station

## Gpx file

download>

## Interactive map

open>

## Description

The nature trail from Castle Bruck to Leisach offers insights into the biodiversity of the local forest. Furthermore, you pass the natural monument "Old Lake", then climb up to Kreithof and finish the first stage on historical sites at Lavanter Kirchbichl.