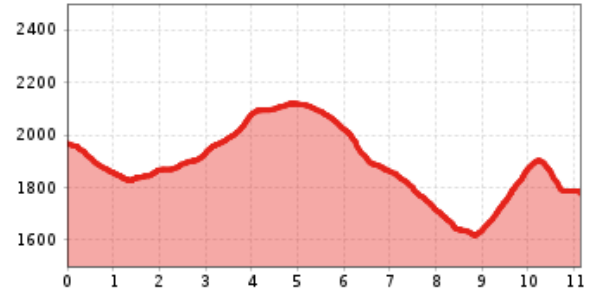


# Trail Virgentaler Sonnseitenweg Stage 3

From the moorings to the castle above Prägraten a. G.



## Altitude profile



## The most important at a glance

distance 11.13 km	altitude meters uphill 597 m	altitude meters downhill 784 m
total walking time 5 h	highest point 2120 m	difficulty average

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

Prägraten a. G. Bobojach

Prägraten a.G. Wallhorn

Prägraten a. G. Ort

**parking:**

Parking lot "Bodenalm"

**starting point:** Parking lot "Bichl (Wanderparkplatz Stabant-/Sajathütte)"  
**destination point:** Hut Nilljochhütte  
**best season:** Hut Stabanthütte  
**route typ:** JUN, JUL, AUG, SEP, OCT  
family tour

## arrival

**Stop**

Prägraten am Großvenediger Bobojach

Prägraten am Großvenediger Wallhorn

Prägraten am Großvenediger Ort

**Parking spot**

Car park Bodenalm 1.700m

Car park Bichl (hiking parking lot Stabant-/Sajathütte) 1.490m

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

Follow an idyllic path (20) to the Bodenalm and from there continue into the Timmeltal valley. There you come to the so-called 'Liegstätten': Here you can take a short rest after the ascent. Follow the Timmeltal Liegstätten circular hiking trail (28) - you will finally reach the Bichl district and can hike on to the Sajathütte. Via the Kantonweg (23) you reach the end of this stage, the Stabanthütte.