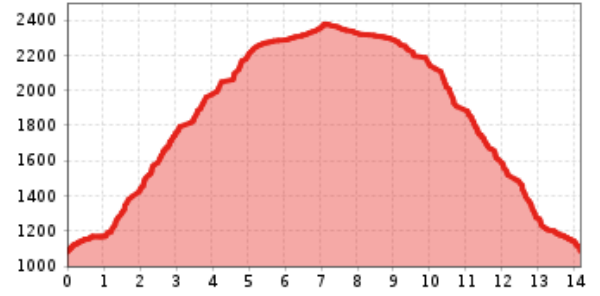


Altitude profile



The most important at a glance

distance 14 km	altitude meters uphill 1330 m	altitude meters downhill 1330 m	walking time uphill 4 h
walking time downhill 3 h	total walking time 7 h	highest point 2400 m	difficulty average

fitness:

* * * * *

technique:

* * * * *

starting point: Stalpen / Sillian
destination point: Thurntaler 2.400 m
best season: JUN, JUL, AUG, SEP

arrival

Parking spot

Car park Stalpen

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

At Stalpen farm buildings proceed, slightly climbing, on route 7 through spruce and larch forests up to the Alpeggele. Continue here via the Alpine pastures on route 7 to the Thurntaler summit.