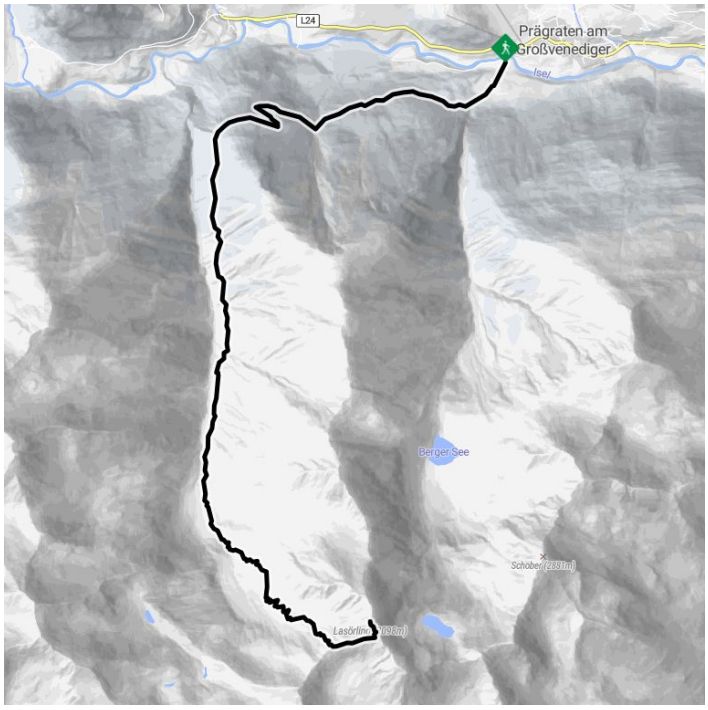
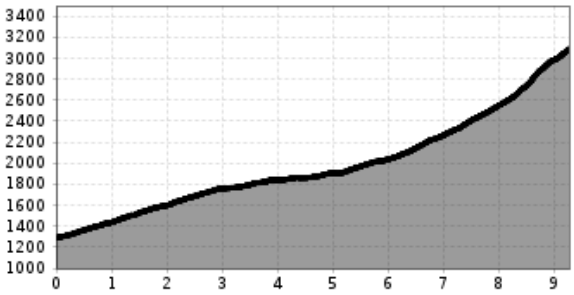
Hike Lasörling 3.098m (Ascent Prägraten a.G.)

Challenging mountain tour to one of the most beautiful panoramic mountains in the Virgen Valley



Altitude profile



Hike Lasörling 3.098m (Ascent Prägraten a.G.)

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
18.6 km	1823 m	22 m	7:15 h

total walking time	highest point	difficulty
12 h	3098 m	difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Bus stop Prägraten a. G. Gemeindeamt

parking:

Lienz: Huben - Matrei - Virgen - Prägraten a. G. - Freizeitzentrum Gries

Felbertrauern: Matrei - Virgen - Prägraten a. G. - Freizeitzentrum Gries
Car park Freizeitzentrum Gries

starting point: Parkplatz Freizeitzentrum Gries
destination point: Lasörling 3.098m
best season: JUN, JUL, AUG, SEP

arrival

Stop

Prägraten am Großvenediger Gemeindeamt

Parking spot

Car park Freizeitzentrum Gries 1.300m

Gpx file

download>

Interactive map

open>

Hike Lasörling 3.098m (Ascent Prägraten a.G.)

Description

You start at the car park at the Freizeitzentrum Gries. From there, follow the yellow signposts labelled "Lasnitzenhütte". The tarmac road leads into a forest path, which you follow to the Lasnitzenhütte. From the hut, you follow the hiking trail no. 314, which splits relatively far back in the valley and now you follow the black mountain trail (no. 82). This trail is partially marked and the last few metres up to the Lasörlingscharte are secured by ropes. The two ascent variants (Virgen ascent & Prägraten ascent) meet at this saddle.

This last section leads past imposing boulders and finally ends at the summit of the Lasörling. The eponymous, highest peak of the Lasörling group offers one of the best views of almost all 3,000 metre peaks in Osttirol and the peaks of the Südtiroler Dolomites.