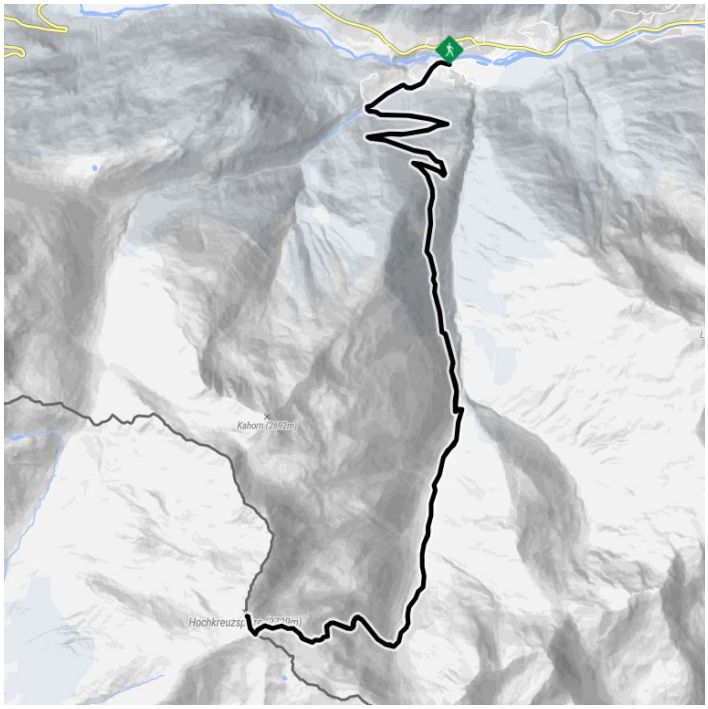
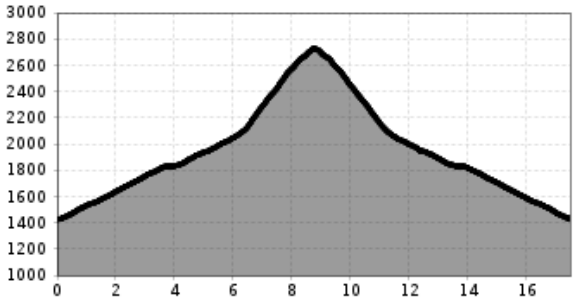
Hike Hochkreuz 2.739m

Escape from the daily grind and into the heart of adventure – your route into nature



Altitude profile



Hike Hochkreuz 2.739m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
17.5 km	1300 m	1300 m	3:30 h

walking time downhill	total walking time	highest point	difficulty
3 h	6:30 h	2739 m	difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Bushaltestelle St. Jakob i. D. Mariahilf Dorf

parking:

Von St. Jakob in Defereggen weiter in den Ortsteil Maria Hilf
Beim kleinen Kirchlein in Maria Hilf

starting point: Kapelle Maria Hilf
destination point: Hochkreuz
best season: JUN, JUL, AUG, SEP

arrival

Stop

St. Jakob in Defereggen Mariahilf Dorf

Parking spot

Car park Trojeralmtal 1.640m

Gpx file

download>

Interactive map

open>

Description

The starting point for this tour is Maria Hilf. From here proceed to **Alpe Stalle** and continue via the trail down into the valley to **Hintere Stalle**, where the trail ends. From here via a steep path, ascending slightly to the head of the valley. Then the right side of the slope proceeds via hilly Alpine meadows up to a small altitude plateau on the **Pfoisattel**, then bears right up to the highest point.