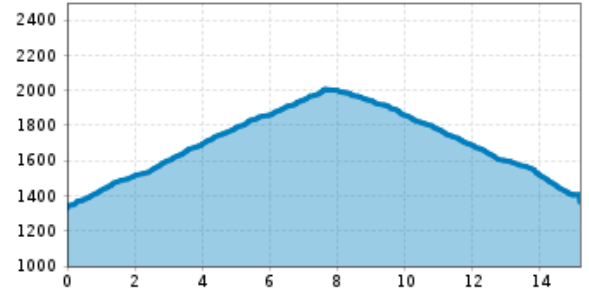


Altitude profile



The most important at a glance

distance
15.19 km

altitude meters uphill
700 m

altitude meters downhill
670 m

walking time uphill
2 h

walking time downhill
2 h

total walking time
4 h

highest point
2025 m

difficulty
easy

fitness:

* * * * *

technique:

* * * * *

public transport:

starting point: Mit dem Bus bis zur Haltestelle "Strassen Ort"
destination point: Ortsteil Fronstadl / Strassen
best season: Fronstadler Alm
route typ: MAY, JUN, JUL, AUG, SEP, OCT
family tour

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The entire Tessenberger Alm and Fronstadler Alm area is an Alpine plateau and it is a much loved hiking area in its own right. The forest trail from the town of Fronstadl near Strassen proceeds via several hairpin bends to Fronstadler Alm (not open for business).