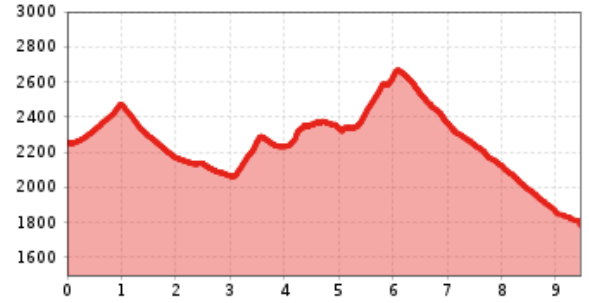




Altitude profile



The most important at a glance

distance 9.45 km	altitude meters uphill 1274 m	altitude meters downhill 1741 m	walking time uphill 7 h
total walking time 8:30 h	highest point 2676 m	difficulty average	

fitness:



technique:



starting point:

Karlsbader Hut

destination point:

Hochstadel Hut

best season:

MAY, JUN, JUL, AUG, SEP

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

Along Dreitörlweg (three-gap-path) up to hut Hochstadel. The stage begins with the climb up to the Laserztörl gap. From there, the route leads downhill to the Lavanter Alm covering some 400 m difference in altitude. Then a short climb first leads up to Kuhleitentörl gap. After a short descent and ascent past bizarre rock formations, you will get to the Baumgartnertörl. The climb now continues on to the Leitentörl gap. After a descent and the hike, the stage finishes in a south-facing semi-circle around the Hochstadel at the hut Hochstadel. With adequate fitness, a side trip from the Dreitörlweg path up to the Hochstadel provides a further highlight.