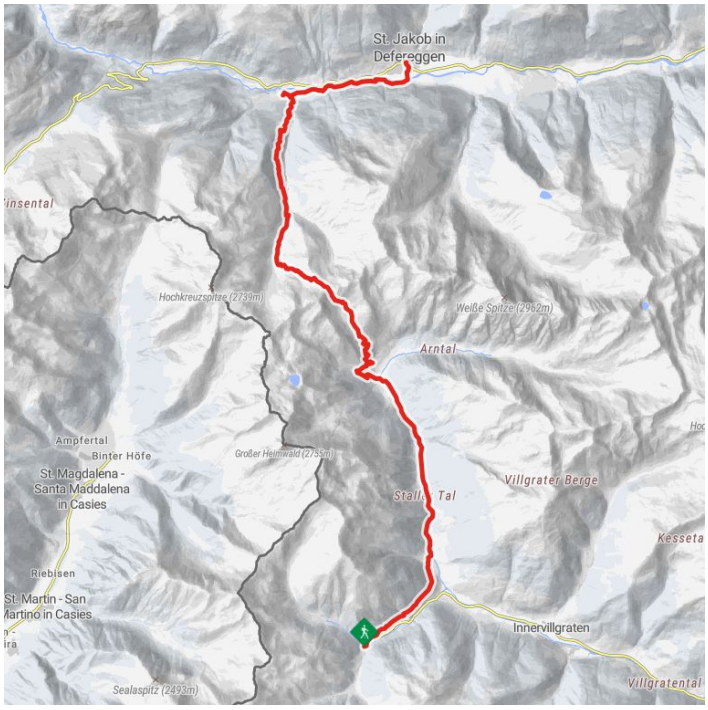
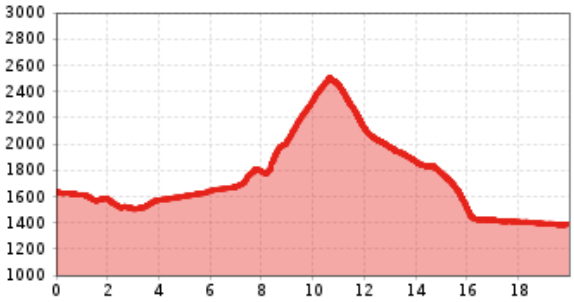
Alpine pilgrim trail "Hoch und Heilig" - Stage 6: Kalkstein - St. Jakob i. D.

Kalkstein - Unterstalleralm - Villgrater Törl - Mariahilf - St. Jakob i. D.



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill
19.97 km	1058 m	1299 m

total walking time	highest point	difficulty
8 h	2507 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Kalkstein
destination point: St. Jakob i. D.
best season: JUN, JUL, AUG, SEP

Gpx file

download>

Interactive map

open>

Alpine pilgrim trail "Hoch und Heilig" - Stage 6: Kalkstein - St. Jakob i. D.

Description

We set off from the "Kirche Maria Schnee", pass through the hamlet of Kalkstein and, at the north-western edge of the village, take the Peststeig (No. 6a) towards the “Alpine Life Open-Air Museum”. The path leads down through meadows before joining the tarmac road. After a short rest at the open-air museum, we follow the road to the Unterstaller Alm. Refreshed, we begin the ascent to the left along path no. 15, 328 towards the Pfannspitze. Below the summit, we cross the Villgrater Törl (2,510 metres) and can take another short break amidst an imposing mountain backdrop.

We descend via trail no. 328 to the Hintere-Stalle-Alm and continue, now on a forest road, to the Alpe Stalle, which is open to the public. This is followed by the final descent into the Defereggental valley, running parallel to the Stallebach stream with its impressive waterfall, where we reach the valley floor in the small hamlet of Rinderschinken and, after a short detour into the valley, reach the Maria Hilf pilgrimage chapel. From here, the route continues almost effortlessly along flat valley trails (Nos. 74, 706 and the Water Adventure Trail) to our destination for the day, the parish church of St. Jakob im Dorf.