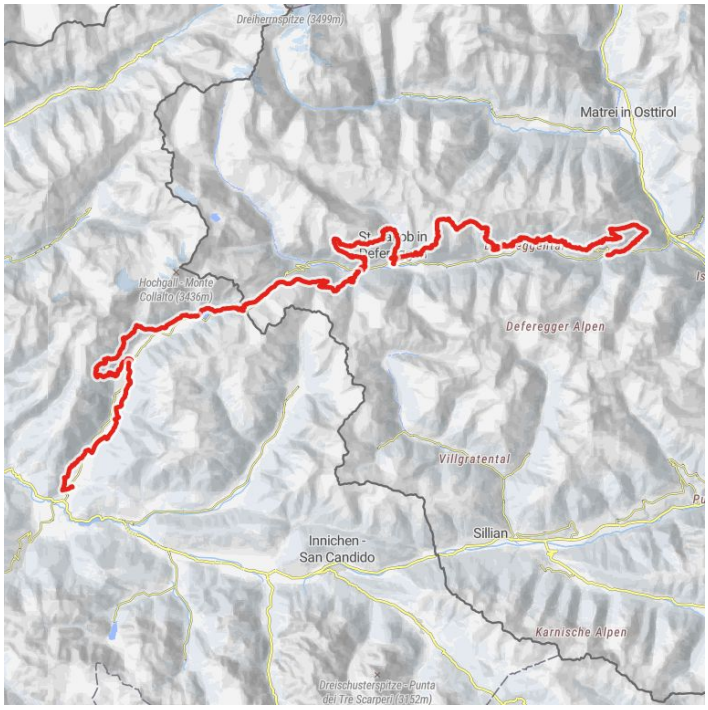
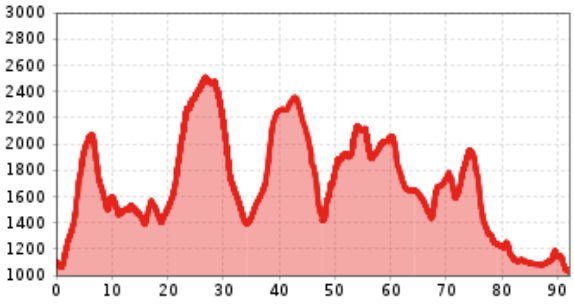
# 2TälerTrail

Time-out along the picture balcony of the alps - long-dinstance-hiking along the "2TälerTrail"




## Altitude profile



# The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | total walking time |
|---|---|---|---|
| 92 km | 5550 m | 5614 m | 41:30 h |

| highest point | difficulty |
|---|---|
| 2376 m | average |

**fitness:**

★ ★ ★ ★ ★

**technique:**

★ ★ ★ ★ ★

**starting point:** Hopfgarten im Defereggental
**destination point:** Olang / Südtirol
**best season:** JUN, JUL, AUG, SEP, OCT

## arrival

**Stop**

Hopfgarten in Defereggen Gemeindeamt

St. Veit in Defereggen Kirche

St. Jakob in Defereggen Lärchenhof

**Parking spot**

Car park Ratzell

Car park St. Veit

Car park Oberseehütte 2.020m

## Gpx file

download>

## Interactive map

open>

## Description

The boarder crossing "2TälerTrail" from East to South Tyrol leads to ways where minings, varlets, church-goers and smugglers have walked ever since. This path is around 90 kilometres long and takes up to six days from Hopfgarten in Defereggen via St. Jakob in Defereggen and the Staller Sattel to Rasen in the Antholzertal-valley.

The "2TälerTrail" is consciously no high alpine long-distance-hiking-trail and also no monoton valley trail, it's just a trail inbetween. It leads along avarage levels, between high alpine terrain and the valley bottom. Alpine mountain scenarious and cultural landscapes are changing. The views to the snow covered peaks of the Lasörling-group, Villgarter-mountains and the Rieserverner-group are simply stunning.

Figuratively speaking, neither does the hiker walk on the roof nor on the ground floor but on the balcony of the alps. Choose your night stop in a village in one of the loveley hotels, guesthouses with halfboard or private rooms with breakfast after a superior hiking day.