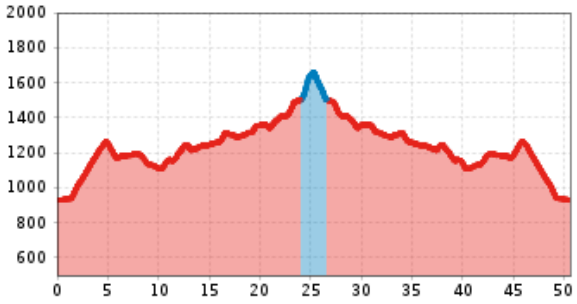
Bike & Hike Umbalfälle 1.660m

On two wheels to the largest waterfalls in Osttirol



Altitude profile



Bike & Hike Umbalfälle 1.660m

The most important at a glance

difficulty

bike	hike
average	easy

distance (in KM)

total distance	bike	hike
50.6 km	48.1 km	2.5 km

altitude meters uphill

total altitude	bike	hike
1250 m	1100 m	150 m

total tour time

total tour time	bike	hike
6.5 h	5.5 h	1 h

fitness:

* * * * *

technique:

* * * * *

public transport:

Bus stop Matrei i. O. Süd

parking:

Car park Matreier Goldried Bergbahnen

starting point: Car park Matreier Goldried Bergbahnen 960m
destination point: Umbalfälle 1.520m
best season: MAY, JUN, JUL, AUG, SEP, OCT

arrival

Stop

Matrei in Osttirol Süd

Gpx file

download>

Interactive map

open>

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Beschreibung Bike

Starting point is the car park of the Matreier Goldried Bergbahnen in Matrei in Osttirol. From there, the route goes via Zedlach, first along the sunny side of the Virgental valley. In the namesake community of Virgen, you turn off in the direction of Niedermauern and from now on you can enjoy the bike tour directly along the glacier river Isel. The view into the thundering waters of the Isel Gorge provides lasting memories. The route then continues in a moderate and varied manner south of Prägraten a. G. to Hinterbichl and the car park Ströden. Here begins the final ascent to the Umbal Falls. At the Islitzeralm you can park your bike and tackle the NaturKraftWeg Umbalfälle.

The times are for E-Bikers.

Beschreibung Wanderung

The NaturKraftWeg Umbalfälle in the rear Virgental valley leads very close to the origin of the glacier river Isel and shows its landscape-forming effect in an impressive way. Especially in the summer months when the glacier melts, impressive masses of water thunder down the cataracts (waterfall steps) into the valley. Along the circular route, not only interesting information boards provide information, but viewing platforms make the incredible natural force of the water directly tangible, whether high above the gorge or up close to the water.