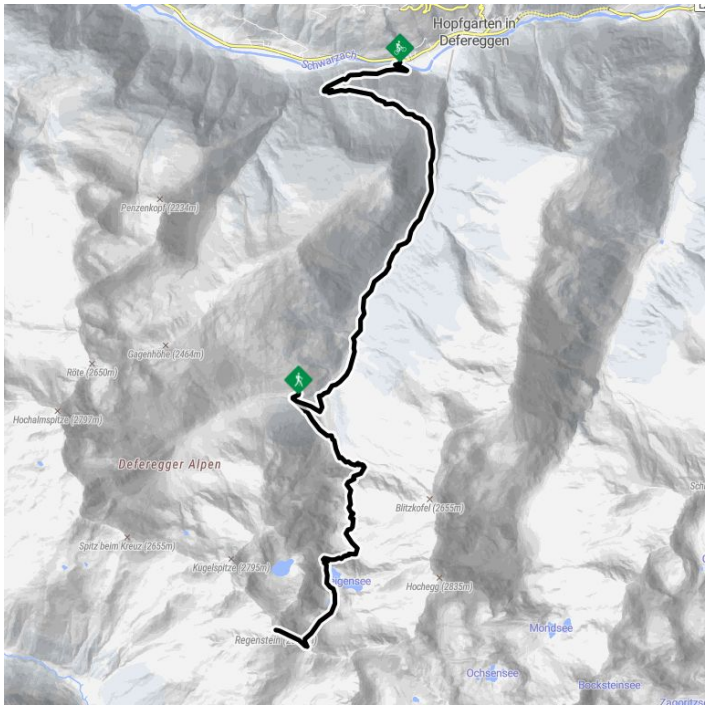
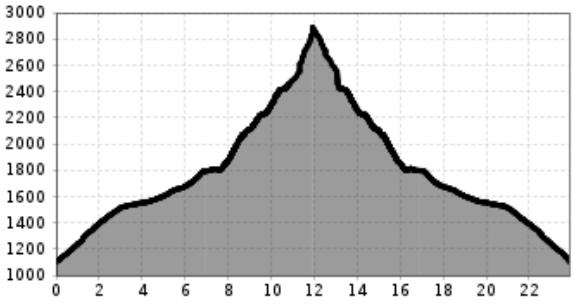
Bike & Hike Regenstein 2.891m

Bike & Hike for mountain lake lovers



Altitude profile



Bike & Hike Regenstein 2.891m

The most important at a glance

difficulty

bike	hike
difficult	difficult

distance (in KM)

total distance	bike	hike
23.9 km	13.8 km	10.1 km

altitude meters uphill

total altitude	bike	hike
1800 m	680 m	1120 m

total tour time

total tour time	bike	hike
6.25 h	2.25 h	4 h

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Blosbrücke
destination point: Regenstein 2.891m
best season: JUN, JUL, AUG, SEP

arrival

Stop

Hopfgarten in Defereggen Zwenewaldbrücke

Parking spot

Car park Ratzell 1.100m

Gpx file

download>

Interactive map

open>

Beschreibung Bike

The starting point of route 108 is the "Blosbrücke" bridge. At the beginning of the route, there is a medium-steep climb spread over serpentines, which then changes after about 2.5 km into an equally long, flat section that leads the biker through the idyllic Zwenewaldtal valley. Immediately before the finish, at the Bloshütte snack station, there is another medium-steep climb waiting to be tackled.

The times are for E-Bikers.

Beschreibung Wanderung

From the Bloshütte, head into the valley via the Fenstersteig (No. 58) to the picturesque and beautiful Geigensee and from there on to the Regenstein (2,891m). The path is very exposed and steep, especially on the ridge.