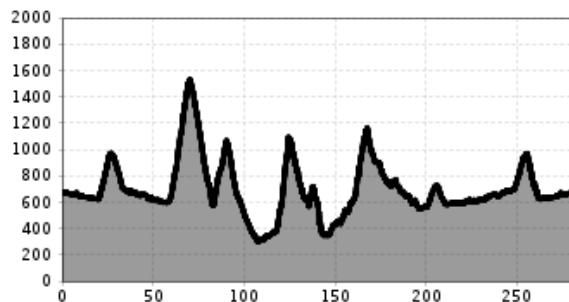


## Altitude profile



## The most important at a glance

<b>distance</b> 282 km	<b>altitude meters uphill</b> 6350 m	<b>altitude meters downhill</b> 6350 m	<b>highest point</b> 1530 m
<b>difficulty</b>	<b>circuit</b> yes		

**starting point:** Lienz 680m  
**destination point:** Lienz 680m  
**best season:** MAY, JUN, JUL, AUG, SEP, OCT

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

This tour day in the Julian Alps is also guaranteed to be remembered. It already starts with the drive over the 1,530 m Nassfeldpass, which is called Passo di Pramollo after crossing the border into Italy. The Sella di Cereschiatis spirals the drive in a southerly direction. A fascinating short visit to Slovenia follows, culminating in a ride on the Mangart road. The Predil Pass then leads back to Italy, where a stop at Lake Predil is definitely worthwhile. Via Hermagor you then return to the starting point of the loop.

Extra tip: "Get up early" is the motto if you want to tackle the dotted alternative loop. With the valley of the emerald-coloured Soča, the 50 hairpin bends of the Vršičpass and the bendy experiences on the Villach Alpine road, a longer day of touring is on the cards.