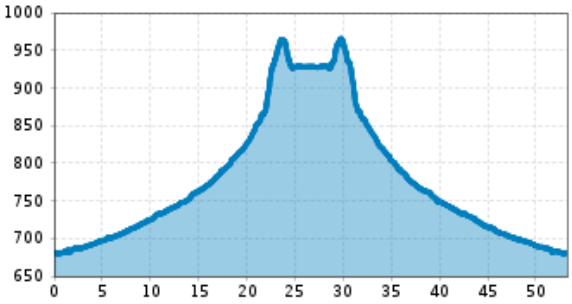
Iseltal cycle trail No. 22

Altitude profile



Iseltal cycle trail No. 22

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	highest point
53 km	300 m	300 m	810 m

difficulty	circuit
easy	no

fitness:

* * * * *

technique:

* * * * *

public transport:

Lienz Hochstein/Schloss Bruck

parking:

Hochsteinbahn car park

starting point: Lienz (675m)
destination point: Matrei (980m)
best season: JUN, JUL, AUG, SEP, OCT

arrival

Stop

Lienz (Tirol) Hochstein/Schloss Bruck

Parking spot

Car park Klammbrückl

Gpx file

download>

Interactive map

open>

Description

With a length of about 29 kilometres and an average gradient of one percent, the Iseltal Cycle Path is a great way to leave the vibrant town of Lienz behind for a little while and to just cycle towards Matrei. Most of the cycle path is paved and only a short section of rural road to the terminus Matrei is to be travelled.

From Lienz to St. Johann im Walde (14 km) you uninterruptedly stay on the incline-free paved cycle path along the Isel. From St. Johann i. W. to Huben (6 km) you will ride on the old road, past the Kienburg Ruin to Huben. From Huben to Feld (4 km), you'll ride slightly uphill on a country road with not much traffic. From Feld to Matrei (5 km) the cycle path leads through a shady wooded area and then along to Matrei in Osttirol, the principal town of Iseltal Valley.