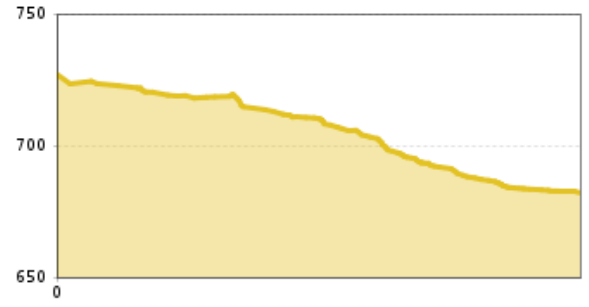




**Altitude profile**



## The most important at a glance

<b>distance</b> 0.5 km	<b>altitude meters downhill</b> 42 m	<b>highest point</b> 727 m	<b>difficulty</b> easy	<b>circuit</b> no
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**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**public transport:**

By bus to the "Lienz Hochstein/Schloss Bruck" bus stop.

**parking:**

Schlossbergbahn valley station car park  
End of Flow Family Trail  
Valley Station Schlossbergbahn Lienz  
best season: MAY, JUN, JUL, AUG, SEP

**starting point:**

**destination point:**

**best season:**

## arrival

**Stop**

Lienz (Tirol) Hochstein/Schloss Bruck

**Parking spot**

Car park Klammbrückl

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

The Benjamin Karl Trail starts right at the end of the Flow Family Trail and runs for around 700 meters to the valley station of the gondola lift. The trail was designed for families and beginners, but also offers plenty of fun for experienced bikers. The trail impresses with a variety of elements: in addition to a chicken line, there is a precisely shaped trick jump and an impressive drop from the club container. The trail is classified as easy/blue and is ideal as a final lap after the Flow Family Trail.