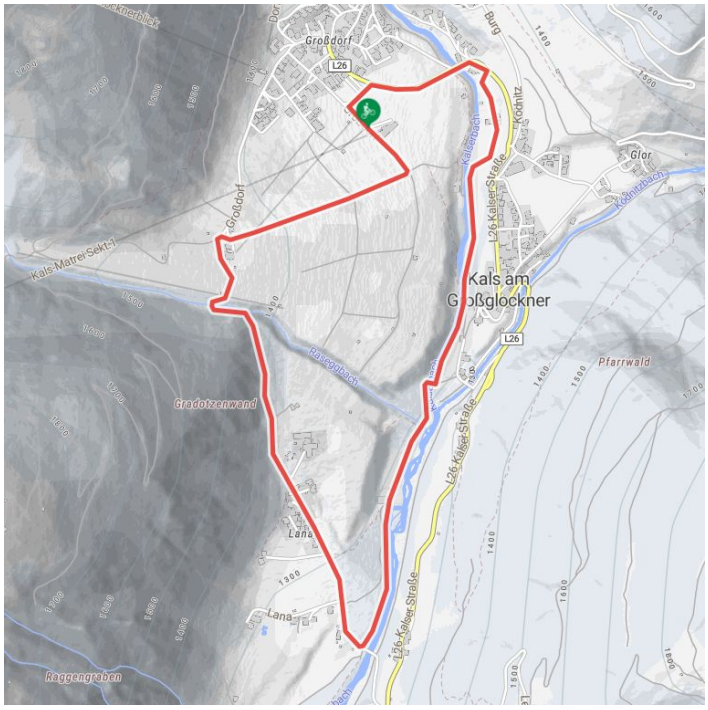
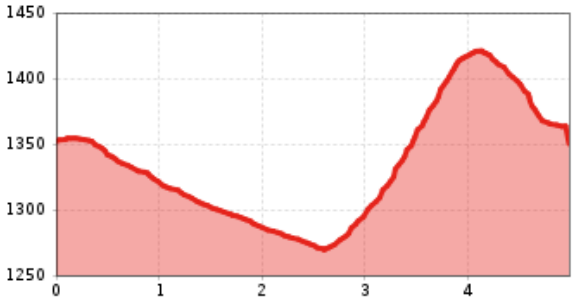
# Lana-Tembler No. 115

Mountain bike round course




## Altitude profile



# Lana-Tembler No. 115

## The most important at a glance

| distance | altitude meters uphill | altitude meters downhill | highest point |
|---|---|---|---|
| 4.9 km | 156 m | 153 m | 1420 m |

| difficulty | circuit |
|---|---|
| average | yes |

**fitness:**

* * * * *

**technique:**

* * * * *

**public transport:**

Kals a.G. Großdorf

**parking:**

Parkplatz Großdorf

**starting point:** Parking area cable car Kals

**destination point:** Parking area cable car Kals

**best season:** MAY, JUN, JUL, AUG, SEP, OCT

## arrival

**Stop**

Kals am Großglockner Großdorf

**Parking spot**

Car park Großdorf

## Gpx file

download>

## Interactive map

open>

## Description

Start this moderately heavy route at the parking area of the cable car in Kals. From there to Großdorf and after another kilometer turn right to the sports area. Feel the naturalness and clarity of the Kalser Bach close up. At the bridge just before Lana turn right and along the forest road to Temblerhof (refreshment option). Further on the road underneath the Temblerhof along the Dorfer Felder back to the starting point.