



## The most important at a glance

distance  
11.4 km

altitude meters uphill  
612 m

altitude meters downhill  
613 m

highest point  
1960 m

difficulty  
average

circuit  
no

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Kals a.G. Großdorf

parking:

starting point: Parkplatz Großdorf  
destination point: Kals am Großglockner-Großdorf (1360m)  
best season: Gornalm (1930m)  
JUN, JUL, AUG, SEP

## arrival

Stop

Kals am Großglockner Großdorf

Parking spot

Car park Großdorf

## Gpx file

[\\_download>](#)

## Interactive map

[\\_open>](#)

## Description

From parking area cable car station GG-Resort in Kals continue along this moderately difficult MTB-Route to Gasthof Temberhof, further on to the top of the t-bar lift Temberlift. Turn left uphill on the forest trail. The finish is after about 5,6 km at the middle station of the cable car station GG-Resort in Kals. From there you can go further up to Kals-Matreier-Törl and Adlerlounge (2.404m) or go back down along the Gronerwald Trail Kals (difficult part) to the starting point.